

LIVE BY THE SPIRIT

Since we live by the Spirit, let us keep in step with the Spirit – GAL 5:25 (NIV)

PT 9: Spiritual Strongholds

By Andrew Foo (18/9/16)

Scripture – 2 Cor 10:3-5 (Voice)

³ For though we walk in the world, we do not fight according to this world's rules of warfare. ⁴ The weapons of the war we're fighting are not of this world but are powered by God and effective at tearing down the strongholds erected against His truth. ⁵ We are demolishing arguments and ideas, every high-and-mighty philosophy that pits itself against the knowledge of the one true God. We are taking prisoners of every thought, every emotion, and subduing them into obedience to the Anointed One.

1. What is this fight about?

- The arena – The mind
- The objective – Hinder spiritual progress

2. What are strongholds?

- "Ochuroma" - A fortification, strong castle
 - A hard place
 - A command post
 - An imprisoned place
- Practical definition – Strongholds are mindsets, beliefs, attitudes and behaviour patterns, that are contrary to God ways

3. How are strongholds established?

- “Arguments” (Logismos) – Reasonings, opinions
- “Pretensions/High things” (Hupsoma) – Elevated place, barrier
- The sources of strongholds:
 - Environment – Family, friends
 - Experiences – Unhealed hurts, unmet needs, unresolved issues
- The main roots – Pride, fear, rejection, rebellion