

OVERCOMING SPIRITUAL PARASITES

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2 Cor 10:4-5

Battlefield of the Mind:

“Strongholds” – Internal structures of reasoning/thinking inhabited by the enemy; a resting place where they hide and destroy from.

3 Parasites that STEAL destiny:

1. Self-Pity – *Stuck in the Past*

- Not a process (e.g. grief cycle) but stagnation.
- Offense + Entitlement (Exo 16:3,8)

Strategy: Accept rescue, submit to God and let go of our rights; Embrace identity as overcomers.

2. Self-Hatred – *Ruins the Present*

- Regret, unforgiveness + bitterness against self
- Shame – struggling to see yourself as valuable

Strategy: Forgive ourselves; Embrace His thoughts about us.

3. Self-Doubt – *Steals the Future*

- Plagued by inadequacy

Strategy: God welcomes dependency, it's not about my lack of ability but the expanse of His ability (Phil 4:13)

“On earth as it is in Heaven”

- WE are the gateways of the Kingdom to the world
- What we partner with determines how much of the Kingdom permeates our lives and communities
- Centering ourselves on God daily is key to renewed strength

“The great business to which I ought to attend to everyday is to have my soul happy in the Lord...” – George Müller