

c) The sources of shame

- Inherited
- Individual
- Imposed



2. The Coping Mechanisms

a) Gen 3:7 (NLT) – Cover up

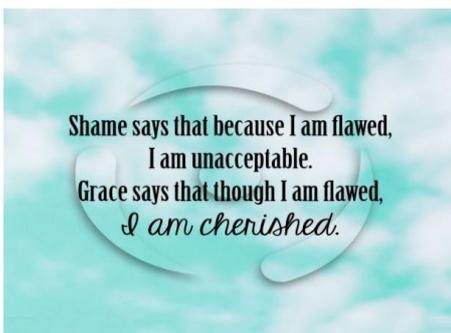
⁷At that moment their eyes were opened, and they suddenly felt shame at their nakedness. So they sewed fig leaves together to cover themselves.

b) Gen 3:8 (NRSV) – Hiding

⁸They heard the sound of the LORD God walking in the garden at the time of the evening breeze, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden.

3. The Cure

a) Rest in God's love



b) Receive the work of the Cross – Heb 12:2 (Voice)

² Now stay focused on Jesus, who designed and perfected our faith. He endured the cross and ignored the shame of that death because He focused on the joy that was set before Him; and now He is seated beside God on the throne, a place of honor.

c) Rejoice – Isa 61:7 (NIV)

⁷ Instead of your shame you will receive a double portion, and instead of disgrace you will rejoice in your inheritance. And so you will inherit a double portion in your land, and everlasting joy will be yours.