

Spiritual Awakening

Part 2 – Spiritual Appetite

Ps Andrew Foo (2/2/2020)

1. Introduction

a. Matt 5:6 (ISV) – **Attitudes** that determine our **Altitude**

“How blessed are those who are hungry and thirsty for righteousness, because it is they who will be satisfied!”

b. Hunger & thirst – represent deep longings & cravings needing to be satisfied

2. Insights on Spiritual Appetite

a. It's a **motivator** – Prov 16:26 (ISV)

The appetite of the laborer motivates him; indeed, his hunger drives him on

- Hunger determines priority and direction

Change the hunger and you change the person; control the hunger and you control the person

~ Warren Wiersbe ~

b. It's a **spiritual health indicator** – Ps 107:17-18 (NET)

¹⁷ *They acted like fools in their rebellious ways,^[a] and suffered because of their sins.*

¹⁸ *They lost their appetite for all food,^[b] and they drew near the gates of death.*

- True in the natural and the spiritual
- What are the “distractions” that consume our time and money?

c. It **needs cultivation** – Isa 55:1-3 (NCV)

¹*The LORD says, “All you who are thirsty, come and drink. Those of you who do not have money, come, buy and eat! Come buy wine and milk without money and without cost.*

- v1 – His invitation

² *Why spend your money on something that is not real food?*

Why work for something that doesn't really satisfy you?

Listen closely to me, and you will eat what is good;

your soul will enjoy the rich food that satisfies.

- v2 – His gentle rebuke

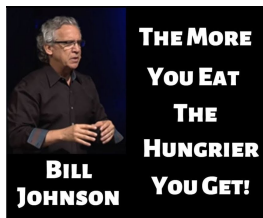
³ *Come to me and listen;*

listen to me so you may live.

I will make an agreement with you that will last forever.

I will give you the blessings I promised to David.

- v3 – His promises



Conclusion

- Detox
- Draw from TRUE source of satisfaction

**You have made
us for yourself,
O Lord, and our
hearts are restless
until they find
their rest in you.**

ST. AUGUSTINE
CONFESSIONS